

How to Detox The Covid Vaccines

 truth11.com/how-to-detox-the-covid-vaccines/

Dylan Eleven

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A reader asked me to access articles on Vaccine detox from the archive.



COVID shot detox: learn some possible ways to detoxify from the poisonous and dangerous effects of the fake-vaccine.

It's time to spread solutions for COVID shot detox.

The COVID shot, **COVID jab** or **COVID fake-vaccine** is not a real vaccine, however its grave and sometimes lethal effects are definitely real. Databases worldwide are overflowing with reports of COVID vaccine injuries (adverse events) and deaths. As of the time of writing, the US-based VAERS database shows approximately 915,000 injuries including 20,000 deaths, which according to the 2010 Harvard Pilgram Study is underreported by a factor of 100, so the real stats for would be something like 90 million injured Americans and 2 million dead Americans. As of the time of writing, the Europe-based EudraVigilance database (which tracks data from the 30 nations of the European Economic Area) records approximately 2,900,000 injuries including 31,000 deaths following the COVID shot. It would be fair to assume similar underreporting happens there, although it is hard to know for sure. All the Big Pharma apologists and NWO-funded fact checkers are naturally eager to jump in and claim that this data is all just self-reported and doesn't prove causation, however it doesn't take a genius to see the trends here. Whatever the real stats, the fake-vaccine effects are devastating. However, there is some good news. If you or someone you know has taken the COVID shot, and is experiencing **post-vaccine regret**, there are some possible ways you can recover. Below is a list of options for COVID shot detox.

COVID Shot Detox: Self-Made Spike Proteins

Before I begin, I want to make something very clear. We've all been bombarded with the fear narrative of the dreaded **spike protein** of SARS-CoV-2. This is pure fiction. SARS-CoV-2 only exists in a digital viral database and is not an actual real-world virus. There is no isolated, real-life SARS-CoV-2 specimen.

Therefore, when I refer to spike proteins below, I am not talking about the spike proteins of an abstract virus. I am talking about the spike proteins your body has been genetically instructed to make (if you took the COVID shot). Remember, the various COVID chemical devices (fake-vaccines) on the market rewire your genes so you make spike proteins (either via mRNA, in the case of Pfizer and Moderna, or via an adenovirus, in the case of AstraZeneca and Johnson & Johnson). These spike proteins that your body makes then bind to your own ACE2 receptors or cause havoc in numerous other ways. Some of the remedies listed below are to detoxify these self-made spike proteins.

Chlorine Dioxide (ClO₂, MMS)

In a recent interview with Sarah Westall, Dr. Joe Nieuwsma, who has a PhD in toxicology, discusses possible ways to detox from the COVID shot. He spends quite a bit of time discussing the merits of **chlorine dioxide** (chemical abbreviation ClO₂) which has been marketed by Jim Humble as Miracle Mineral Solution (MMS) for some time. Humble had great success with it helping those with malaria in Africa. Other claims attributed to it are that it can help with Hepatitis A, B and C, herpes, TB, AIDS and cancer. Recently, Dr. Andreas Kalcker has become well known for recommending it to fight COVID itself (whatever you think COVID really is).

Dr. Nieuwsma points to a June 2021 study entitled *Inhibition of the Binding of Variants of SARS-CoV-2 Coronavirus Spike Protein to a Human Receptor by Chlorine Dioxide* which concluded that ClO₂ could stop the spike protein (from the COVID fake-vaccine) attaching itself to the Angiotensin Converting Enzyme 2 (ACE2) receptors:

Aim: COVID-19 caused by a new coronavirus, SARS-CoV-2, has become an ongoing worldwide pandemic. A safe and potent virucidal disinfection system is urgently needed to protect the population from the virus. Chlorine Dioxide (ClO₂) is a powerful disinfectant that is known to inactivate both viruses and bacteria. The aim of this study was to investigate whether chlorine dioxide inhibits the binding of the receptor-binding domain of the Spike protein (S protein) from variant coronavirus (British and South African variants) to human receptor, Angiotensin-Converting Enzyme 2 (ACE2).

Materials and Methods: In vitro experiments to determine binding of the purified receptor-binding domain of spike protein to ACE2 were performed in the presence of various concentrations of chlorine dioxide. Purified spike proteins from the British and South African variants were used. Spike protein coated onto a microtiter plate was treated with chlorine dioxide aqueous solution or chlorine dioxide spray solution.

Result: Binding of variant spike proteins was inhibited in a concentration-dependent manner (50% Inhibitory Concentration (IC₅₀) of 7.6 µmol/L and 5.8 µmol/L for the British and the South African variants, respectively).

Conclusion: These findings show that chlorine dioxide aqueous solution can inactivate the binding of the variant spike proteins to the human ACE2 receptor protein, indicating that this strategy may be useful in blocking the transmission of variant SARS-CoV-2 viruses.”

For readers who know little to nothing about ClO₂, here are some basic facts. ClO₂ is very different to bleach, chlorine compounds or chlorine alone. Chlorine kills by chlorination whereas chlorine dioxide kills by oxidation. That is a huge difference, because chlorination ends up making molecules toxic to the human body. ClO₂ is an oxidizer which draws off electrons from pathogenic molecules, thus weakening and breaking them up; however, it is a weak oxidizer, unlike oxygen (O₂), ozone (O₃) and hydrogen peroxide (H₂O₂) which are strong oxidizers. ClO₂ won't have any effect on strong healthy cells and molecules which are alkaline, but it will tear apart weak acidic molecules. ClO₂ has no byproducts, can be used as a disinfectant and is effective against spore-forming bacteria like Anthrax. It is also effective against microorganisms hiding inside the **biofilm** of your body (where other remedies can't reach). The biofilm is a thin layer of bacteria that form inside a sticky slime matrix, usually on surfaces in contact with water. The biofilm protects microorganisms (like listeria), so remedies like ClO₂ are extremely useful for detoxification.

Suramin

In a May 2021 article entitled [Is This a Possible COVID Vaccine Antidote?](#), I talked about the potential of suramin to inhibit blood coagulation and RNA replication, after Dr. Judy Mikovits had touted suramin as a **COVID vaccine detox** strategy. After all, the COVID fake-vaccine has become notorious for its blood clotting effects, which in serious cases

can lead to stroke and heart attack, and has aptly earned the nickname of the **clot shot**. Later it appears that Dr. Mikovits has emphasized that suramin does not come from or is not connected to pine needle tincture, which is strange, since the evidence I have seen is that it does. In the above-linked interview, Dr. Nieuwsma points out that suramin is structurally similar to **ivermectin**. I encourage anyone interested in this to do their own research, however suramin seems to be a very important detox remedy for the COVID shot, since it inhibits and prevents both blood clotting and unwanted DNA/RNA replication, 2 of the worst effects of the jab.

Black Seed Oil

Black seed oil is another great supplement and natural remedy that can help with COVID shot detox. According to Dr. Nieuwsma, it binds to the spike proteins before they bind to your body's ACE2 receptors. It also prevents inflammation and the dreaded cytokine storms which have been responsible for some horrendous effects of the fake-vaccine.

Antioxidants

After these 3 supplements, Dr. Nieuwsma lists some others that I believe are more general detoxifiers, rather than substances or remedies specific to the COVID shot. He recommends **C60** (carbon 60) to manage oxidative stress and inflammation, which makes sense, since C60 is known as the strongest antioxidant in the world. He recommends **glutathione**, which is the human body's master antioxidant, capable of preventing cellular damage via reactive oxygen species such as free radicals, peroxides, lipid peroxides and heavy metals. Boosting glutathione is a clear and obvious tactic for detoxification and good health. Some easy ways to do this are to get regular exercise, good sleep, high levels of Vitamin C and D, and to eat foods like sulfurous veggies, avocado, spinach, asparagus, okra, whey protein and turmeric. You can also boost glutathione via supplements like NAC, DMG (dimethylglycine) and milk thistle.

Dr. Nieuwsma also mentions ozone as a COVID shot detox method, but he doesn't elaborate on how to take it, so I encourage readers to do their own research and be careful, because ozone can be dangerous if used in the wrong way. Lastly, let us remember one of the best detox strategies of all, a method which is also free: fasting. Fasting is a way that your body can clean up things it would not normally pay attention to during the process of constant digestion. It is an under-used but very effective way to detoxify virtually anything unwanted from your body.

Ways to Detox Graphene from the Body

Another good source of information for COVID shot detox is Ricardo Delgado, who is a part of La Quinta Columna, the Spanish research organization that first brought to light in a major way that the fake-vaccine shots contained **graphene** or **graphene oxide**. This was later corroborated by other researchers such as Dr. Robert Young. Whitney Webb has rightly challenged Delgado's claim that the vaccine is over 90% graphene, however that is irrelevant to our discussion today. Regardless of the exact percentage of graphene

in the shot, it does contain some, and we know that graphene oxide is a superconductor that emits and receives signals. It could be fully or partially responsible for the COVID vax magnetism phenomenon. In this video (in Spanish but with English subtitles), Delgado proposes 7 natural products which help detox graphene from the body:

1. NAC (N-acetylcysteine)
2. Zinc
3. Astaxanthin
4. Quercetin
5. Vitamin D
6. Milk thistle
7. Melatonin

I will comment briefly on each. NAC is mentioned above in the antioxidant section as a way to boost glutathione. Zinc is an essential mineral that many people are deficient in; it is commonly suggested for colds, flu and detox, and is particularly important for men to build testosterone. Astaxanthin is an algae superfood which I take personally and which I highly recommend; it also helps with immunity, energy, stamina, eye health, joint health and skin health. Quercetin is a well-known antioxidant and detox agent. I mentioned Vitamin D and milk thistle above, and finally, melatonin (the sleep hormone) is known to stimulate glutathione production, as this study found.

I would also encourage vaccinated-damaged individuals to experiment with safe and trusted detoxifiers such as zeolite, clay, boron and epsom salts, many of which can be used topically and internally.

Final Thoughts on COVID Shot Detox

The products listed in this article are meant as a starting place for your research. As always, conduct your own due diligence and check anything out thoroughly before putting it in your body. For those with post-vaccine regret, the good news is that the human body is capable of amazing healing and regeneration, however you need to stop poisoning it and to give it what it needs. As humanity continues its awakening journey, there will be many who didn't see through the COVID scandemic propaganda at first, but who later caught gist of it, a couple of shots later. My hope is that those people can recover their health and that we can reach as many people as possible with this information before people succumb to fake vaccine-induced "adverse events," injuries and death.

As a final comment, I will note that this article does not specifically address how to get **nanotechnology** out of your body – whether it's self-aware fibers, self-propelling critters, machine-like discs or any of the other weird things which people have found. In pre-COVID times, Clifford Carnicom and Tony Pantelleresco have done good work in this area, which Morgellons' sufferers have found useful. If you know of any solutions here, please leave your ideas in the comments below.

Makia Freeman is the editor of alternative media / independent news site The Freedom Articles, author of the book Cancer: The Lies, the Truth and the Solutions and senior researcher at ToolsForFreedom.com. Makia is on Steemit and Odysee/LBRY.

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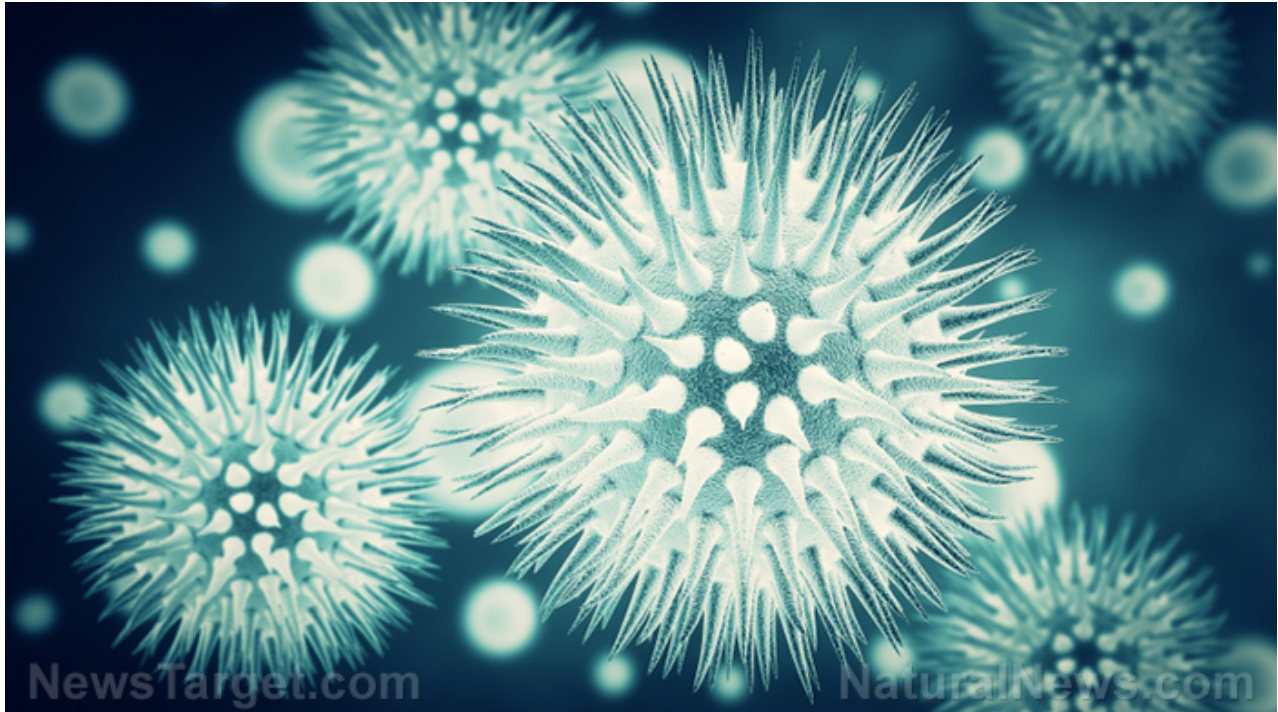
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The post [How to Detox from the COVID Shot](#) appeared first on [The Freedom Articles](#).

Yes, you can detox from covid "vaccine" spike proteins: here's how
[NaturalNews.com](https://www.naturalnews.com) / Ethan Huff



([Natural News](https://www.naturalnews.com)) The World Council for Health (WCH) has released [a spike protein detoxification guide](#) to help those who have been “vaccinated” for the Wuhan coronavirus (Covid-19) find relief from the chemical violence that was inflicted upon them.

The worldwide coalition of health-focused organizations and civil society groups recommends the following substances for *inhibiting* covid injection spike proteins throughout the body:

Prunella vulgaris
Emodin
Dandelion leaf extract
Pine needles
Neem
Ivermectin

Ivermectin in particular docks to the SARS-CoV-2 spike receptor-bending domain attached to ACE2, which may block spike proteins from attaching to the human cell membrane.

The following substances are recommended for *neutralizing* covid injection spike proteins, rendering them unable to cause further damage to cells:

N-acetyl cysteine (NAC)
Fennel tea
Pine needle tea
Comfrey leaf
Glutathione
Star anise tea
St. John's wort
Vitamin C

The plant compounds from the above list contain shikimic acid, which may help to counteract the formation of blood clots while reducing some of the toxic effects of spike proteins.

Spike proteins attach to ACE2 receptors in the cells, impairing their normal function. This blockage can alter tissue functioning and trigger autoimmune disease, as well as cause abnormal bleeding or clotting, including jab-induced thrombotic thrombocytopenia.

Ivermectin, hydroxychloroquine (with zinc), quercetin (with zinc), and fisetin (a flavonoid) all help to protect ACE2 receptors from being flooded with damaging spike proteins.

Covid injections also trigger a spike in interleukin 6 (IL-6), a proinflammatory cytokine. The following substances may help to detox and remedy this situation:

Boswellia serrata (frankincense)
Black cumin (Nigella sativa)
Krill oil and other fatty acids
Fisetin
Quercetin
Luteolin
Zinc
Jasmine tea
Bay leaves
Nutmeg
Dandelion leaf extract
Curcumin
Cinnamon
Apigenin
Resveratrol
Vitamin D3 (with vitamin K)
Magnesium
Spices
Black pepper
Sage

In order to gain entry into your cells, SARS-CoV-2 must first bind to either an ACE2 or CD147 receptor on the cell. The spike protein subunit must then be proteolytically cleaved, or cut – without this cleavage, the virus would simply attach to the receptor and stop there.

It turns out that SARS-CoV-2 has a novel furin cleavage site that is not present in natural coronaviruses, which is why many believe it was created in a laboratory. Some powerful natural furin inhibitors include:

Rutin
Limonene
Baicalein
Hesperidin

Serine protease is another enzyme that is “responsible for the proteolytic cleavage of the SARS-CoV-2 spike protein, enabling host cell fusion of the virus.” Inhibiting serine protease could help to prevent spike protein activation and viral entry into cells, which can be done with the following foods and substances:

Green tea
Blue green algae
N-acetyl cysteine (NAC)
Potato tubers
Soybeans (organic, of course!)
Boswellia

Eating healthy and restricting when you eat helps the immune system to naturally detoxify spike proteins

As you probably noticed, many of the above remedies are *foods*. All you have to do is eat them and your body takes care of the rest. (Related: Broccoli and especially broccoli sprouts have been shown to repair spike protein damage throughout the body.)

With that said, cutting out processed and other pro-inflammatory foods is a great place to start in ridding your body of spike proteins and other jab toxins. This includes cutting out vegetable (seed) oils, many of which are highly refined and highly inflammatory.

Restricting when you eat to a six- to eight-hour window, also known as time-restricted eating, is also helpful because it has been shown to improve mitochondrial health and metabolic flexibility.

Time-restricted eating also increases autophagy, an important process by which your body vacuums up and cleans out damaged cells. WCH explains it like this:

“This method ... is used to induce autophagy, which is essentially a recycling process that takes place in human cells, where cells degrade and recycle components. Autophagy is used by the body to eliminate damaged cell proteins and can destroy harmful viruses and

bacteria post-infection.”

Using a sauna, preferably with infrared capability, is another powerful way to rid your body of toxins while increasing longevity. The heat stress from a sauna increases plasma volume and blood flow to the heart and muscles, which in turn increases athletic endurance.

Sauna-induced heat shock also increases muscle mass by enhancing protein uptake and the production of human growth hormone (HGH).

If you need a simpler place to start on the diet front, WCH recommends adding the following 10 essential compounds to your health strategy:

Vitamin D
NAC
Nigella seed
Zinc
Curcumin
Vitamin C
Ivermectin
Quercetin
Magnesium
Milk thistle extract

It is also highly recommended that you check out the [full WCH spike protein detox guide](#) for specific dosage information. This is especially important for ivermectin and hydroxychloroquine, as both of these are pharmaceutical drugs.

Be sure to read the dosage information for the natural remedies as well since it is based on optimal therapeutic potential.

More related news about the Wuhan coronavirus (Covid-19) can be found at [Pandemic.news](#).

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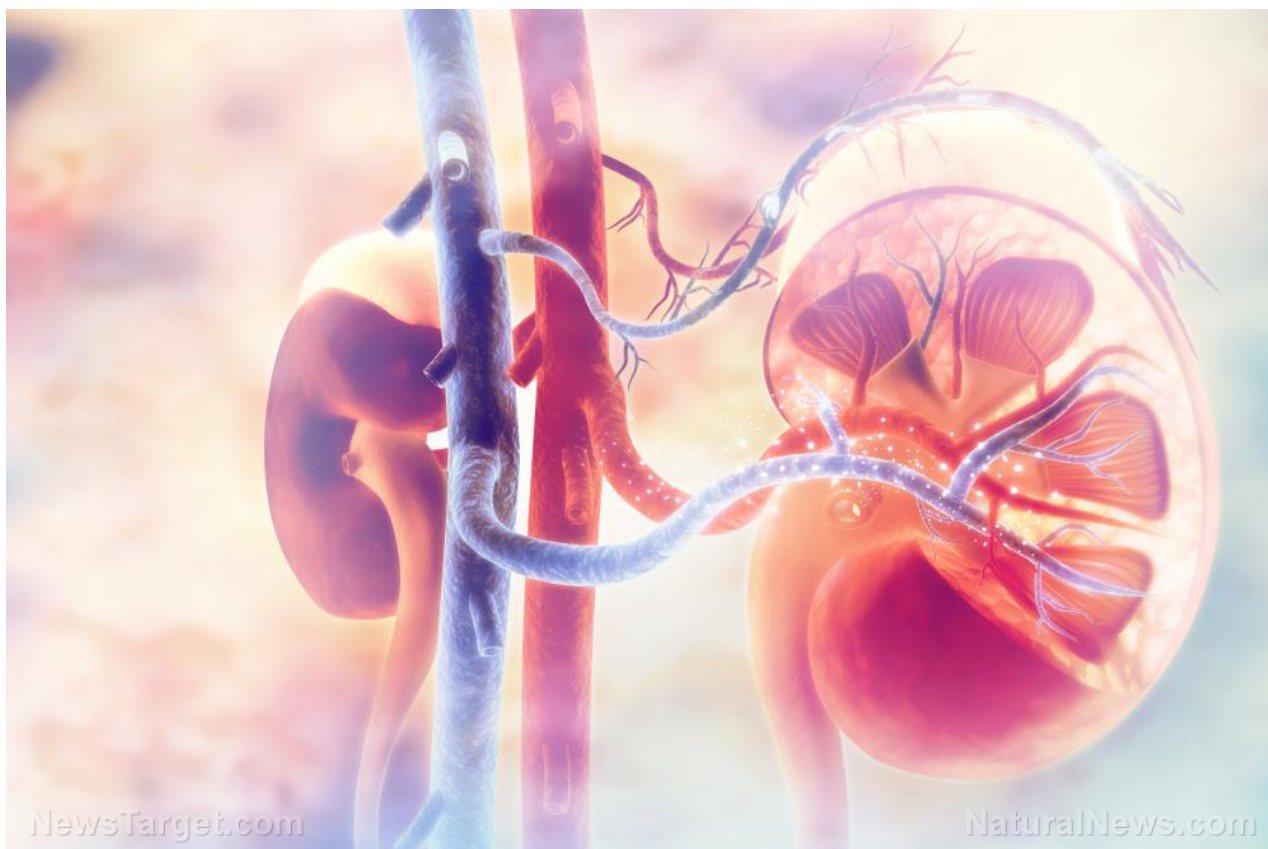
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Original Article: <https://www.naturalnews.com/2022-02-17-detox-covid-vaccine-spike-proteins.html>

VAX DETOX: 200 Million Americans may want to consider pursuing a Covid-19 vaccine detoxification program while avoiding all boosters like the plague
[NaturalNews.com](#) / S.D. Wells



([Natural News](#)) In order to maintain proper mitochondrial health, supply the body with appropriate nutrients, boost the immune system and keep the blood from clotting, over 200 million Americans may want to consider the advice of [Dr. Gerald H. Smith](#), who may be able to assist with a natural detoxification regimen for all these foreign toxins the Covid jabs are spreading throughout the body.

The author of the Covid-19 vaccine detoxification regimen, Dr. Gerald H. Smith, is certified by the [World Organization for Natural Medicine](#) to practice natural medicine globally, and he's also a certified dental practitioner. His broad base of post-graduate training in natural medicine and dentistry helps him integrate an array of vital health care specialties.

Using enzymes to destroy and clean out the vaccine-induced pathogens

Covid vaccines are preventing your body from “taking out the trash.” Your body is failing at being a constant janitorial “staff” and the trash is piling up. Rotting. Cancer breeds here. This is like being constipated day after day after day. The Covid vaccines pollute the entire vascular system with toxic prions that look like virus particles. They are foreign to your body. How will you get them out, and in time to recover?

For starters, [certain enzymes](#) (orally taken) work to help break down the fibrin that can cause lung scars, which may help breathing return to normal. Doctors around the world have been prescribing systemic enzyme therapy to treat fibrosis since the 1970s. Enzymes are also efficient in treating pain and inflammation associated with vaccine injuries and/or musculoskeletal disorders. Reducing inflammation is the first order of

business for the severely and chronically-inflamed vaccinated masses right now, many of whom are suffering from thousands of microscopic blood clots that are not showing up on mainstream diagnostic tests (besides elevated heart beat and high blood pressure).

Systemic enzymes can also dissolve the lipid coating that surrounds the spike protein, dissolving foreign (toxic) protein in your blood and tissues, all while destroying bacteria and preventing blood clotting.

Author of *Cancer Deconstructed* and *Remove the ‘Splinters’ and Watch the Body Heal* is President of the International Center for Nutritional Research

Dr. Gerald Smith is really stepping forward to help people who have already been Covid vaccinated and are feeling the repercussions of having billions of toxic spike proteins floating around in their blood. Dr. Smith understands the power of nutrition, and how to help people cleanse their blood using natural remedies, including glutathione, curcumin, magnesium, enzymes, vitamin E, maca, zinc, medicinal mushrooms, and the list goes on.

Glutathione helps the liver detoxify, a cleaning process that's supposed to happen about every 3 minutes. The glutathione is anti-inflammatory, and chelates heavy metals, pulling them out of the body, thus reducing cell damage to the liver.

Curcumin works as an anti-oxidant and increases a brain-derived protein (BDNF) that plays a major role in keeping neurons (nerve cells) healthy. To assist the immune system in removing foreign proteins, Dr. Smith recommends a combination formula (proprietary formula) that includes thymus, calcium, vitamin A and C. Add in some cordyceps (*sinesis*) to help prevent the rapid replication of mutated (cancer) cells in DNA while increasing cellular energy levels (ATP) and oxygen utilization in cells.

Top that off with the *cordyceps sinensis* benefits of boosting the immune system against infections, boosting white blood cell count (which the Covid vaccines are lowering systematically more with each booster), and strengthening the kidneys.

There's a lot more great information about detoxifying from the Covid spike-poison jabs and some guidelines for people who may be on blood thinners or other specific medications. Check with your naturopathic physician on everything. Want the best in truth news on your internet dial? Tune to [FoodSupply.news](https://www.foodsupply.news) and find out how to avoid this population reduction scheme (via vaccine) by stocking up on organic, nutritious food and emergency supplies for the winter. And remember, avoid the Covid booster shots like the plague, because they are one.

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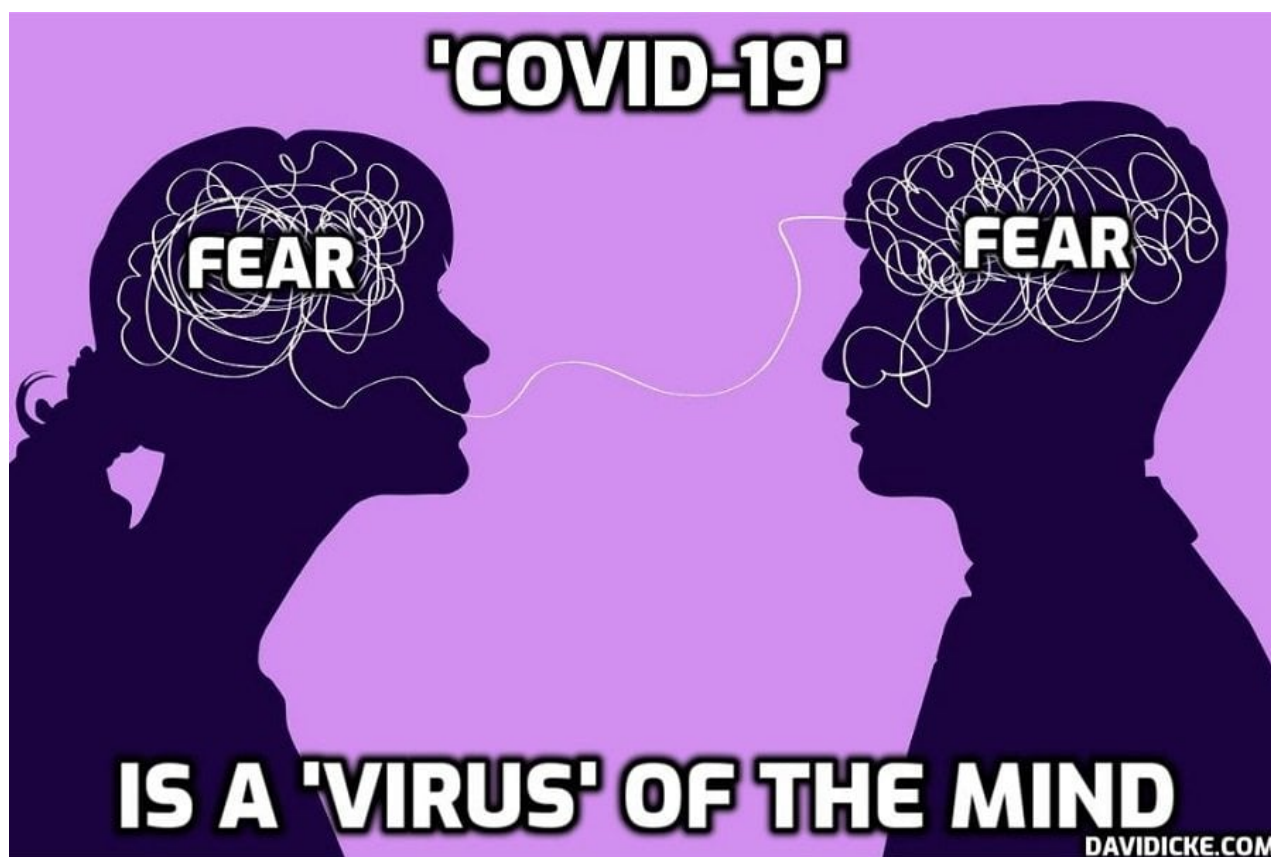
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How To Detox From the Vaccine and the Lies of COVID

David Icke / Richard Willet - Memes and headline comments by David Icke



Dr. Robert O. Young, CPT, MSc., D.Sc., Ph.D., Naturopathic Practitioner shares real evidence of what is in the vaccines. He also shows what happens on a cellular level within the human body when it has been compromised by taking the shots.

To see the visual evidence of ingredients that is in the vax and also what happens to the body watch this **Part1** of the interview here: <https://rumble.com/vmrpep-hardcore-visual-evidence-of-what-is-in-the-vaccine-and-what-happens-to-you.html> or read the entire peer-reviewed article, “**Scanning & Transmission Electron Microscopy Reveals Graphene Oxide in CoV-19 Vaccines,**” which will be published, October, 2021 in the International Journal of Vaccines and Vaccinations.

You can now review this scientific research article at the following link:

<https://www.drrobertyoung.com/post/transmission-electron-microscopy-reveals-graphene-oxide-in-cov-19-vaccines>

Follow Dr. Robert O Young on Instagram at: <https://www.instagram.com/drrobertyoung/>
on Instagram or on his scientific blog at: <http://www.drrobertyoung.com/blog>

Original Article: <https://davidicke.com/2021/11/10/how-to-detox-from-the-vaccine-and-the-lies-of-covid/>



Thank you to Danceaway for posting this.

<http://bit.ly/SpikeProtein> [This is his shop, where you will find much of the following for sale]

This is the updated Nutrition protocol to **protect those who've been injected** with spike protein, graphene oxide and mRNA and the same protocol is **useful to protect those concerned with the spike protein and graphene oxide shedding** coming off those who've been injected. We now have evidence of the latest injections containing: mRNA, spike protein, graphene oxide, SM-102, and numerous other potentially toxic substances (also: some—but not all—injections, appear to be higher in graphene oxide and some appear to be saline placebos).

If you know someone who has been injected and requires help, please provide them with this Nutrition Protocol:

Here is the Complete Protocol

- Coated Silver (1-6 drops per day, depending on degree of exposure) (Coated silver blocks the sulfur-bearing protein on the spikes from entering the cell. Sulfur-rich amino acids on the spike protein interact with silver causing them to fold incorrectly).
- NAC (N-acetyl cysteine) (accelerates detoxification and is considered a producer of the super detoxifier glutathione in the body) Dosage: 1200-2400 mg per day on an empty stomach. NAC is recommended to detoxify graphene oxide and SM-102. NAC is tough to find after the FDA recently made it illegal to purchase over the counter in the USA. Request NAC from your doctor!

- Zinc (30-80mg per day depending on immunological pressure)
- Vitamin D3* (10,000 IU's per day)
- Lyposomal Vitamin C (30ml, twice daily)*
- Quercetin (500-1000 mg, twice daily)*
- Iodine* (dosage depends on brand, more is not better). Iodine is a product you have to start with small dosages and build up over time.
- PQQ* (20-40 mg per day)

Shikimate Main Sources:

- Pine Needle Tea for shikimic acid or shikimate (from green edible pine needles)
There are toxic pine needles, be careful! When drinking pine needle tea, drink the oil/resin that accumulates too! Shikimate, shikimic acid and their derivatives possess: cancer fighting, antiviral, antimicrobial, anticoagulant and antithrombotic properties.
- Fennel and/or Star Anise Tea: These are also an excellent source of shikimate or shikimic acid (which is known to neutralize the spike protein)
- Schizandra Tea: Ranked in the top three of all superherbs on Earth. Schizandra berries are rich in shikimate amongst numerous extraordinary other properties.

C60 (1-3 droppersfull per day): One of the issues we are seeing with those who have been injected is disturbances in their energetic field (magnetism) and hot spots of inflammation. C60 is a rich-source of electrons and acts like a fire extinguisher to inflammation and simultaneously (because it bio-distributes throughout the body) drives a normalization of electron flow throughout the body. In this category, we offer two products, the traditional C60 product* is made by yours truly and the C60 SuperConcentrate* is made by a carbon scientist friend of mine and contains a higher concentration of electrons. C60 is recommended to neutralize s.pike protein, detoxify graphene oxide and SM-102.

Charcoal (2-4 capsules a day): Charcoal is the pre-eminent detoxifier and when taken on an empty stomach, works its way down into the intestines and activates a blood purification process known as "interstitial dialysis". Our Kohlbitr* product is the premier activated coconut charcoal in the world and we also now offer the more gentle birch charcoal.*

Shilajit (1 pea-sized amount of this resin in hot water daily as tea): Ashless humic acids and humates are principal active ingredients of Shilajit. Humic acids are known to partially neutralize graphene oxide in aquatic environments.

(<https://pubmed.ncbi.nlm.nih.gov/30173026/>)

Hesperidin sources to help disable s.pike protein:

- Citrus fruit (especially blood oranges, due to their high hesperidin content — hesperidin is a chalcone like quercetin that deactivates spike protein)
- Peppermint (very high in hesperidin)

Superherbs to help disable s.pike protein:

- Triphala formulations: In Sanskrit, the word Triphala means “three fruits”: a combination of Indian gooseberry (*Emblica officinalis*), black myrobalan (*Terminalia chebula*) and belleric myrobalan (*Terminalia belerica*). The terminalia fruits are rich in shikimate.
- St. John’s Wort (shikimate is found throughout the entire plant and in the flowers)
- Comfrey Leaf (rich in shikimate)
- Feverfew (leaves and flowers are rich in shikimate)
- Gingko Biloba Leaf (rich in shikimate)
- GiantHyssop or Horsemint (*Agastache urtifolia*) (rich in shikimate)
- LiquidAmbar (Sweet Gum tree) A tea of the spiky seed pods is rich in shikimate.
- Glycyrrhiza glabra (Chinese medicine’s licorice root): Glycyrrhizic acid is extracted from the root of the licorice plant inhibits spike protein.
<https://pubmed.ncbi.nlm.nih.gov/33041173/>

Foods

- Carrots and Carrot Juice (rich in Shikimate)
- Dandelion Leaf (Common dandelion (*Taraxacum officinale*) efficiently blocks the interaction between ACE2 cell surface receptor and spike protein D614, mutants D614G, N501Y, K417N and E484K in vitro)

Plant Sprouts

- Wheatgrass and Wheatgrass Juice (the young blades are high in shikimate)
- Legume family beans that are generally considered to be rich in shikimate. I have found testing of 5 sprouts and all were rich in shikimate: red kidney bean (*Phaseolus vulgaris*), moth bean (*Vigna aconitifolia*), soy bean (*Glycine max*), mung bean (*Vigna radiata*) and alfalfa (*Medicago saliva*). All these were analysed for their shikimic acid content during germination: so the sprouting process is key to activate shikimate production.

Enzymes

Nattokinase (enzyme) and Natto is a traditional Japanese food made from soybeans fermented with *Bacillus subtilis* var. natto. Natto (also rich in vascular protective Vitamin K2) and Nattokinase have a history of being used to prevent blood clots. The idea is here is that the enzyme Nattokinase goes to work dissolving clots. 2000-4000 Fibrinolytic Units per day (2-4 capsules) with or without food.

Serrapeptase (enzyme): is an anti-inflammatory proteolytic enzyme in the trypsin family. Like other proteolytic enzymes, serrapeptase helps break down proteins into smaller particles. It can promote healing by reducing fluid and debris accumulation that occur around necrotic or injured tissue. Dosage: 100-200 mg on an empty stomach per day.

VeganZyme (enzyme blend): This is the only enzyme formula in the world that contains Glucose Oxidase, Serrapeptase and Nattokinase in one product. Dosage: 3 capsules, twice a day with or without food.

Oxygen Therapies

Ozone and Oxygen therapies are effective at degrading spike protein and graphene oxide. All forms are recommended from consuming MMS to drinking ozonated water or using ozonated water for enemas and even ozone injections by a trained health professional.

*Indicates products found in one place here: <http://bit.ly/SpikeProtein>

Summary of the Spike Protein and Graphene Oxide Detoxification Protocol

Original Article: <https://tapnewswire.com/2021/10/summary-of-the-spike-protein-and-graphene-oxide-detoxification-protocol/>

10 Ways to Detox from Pharmakeia, Deactivate Nanotechnology and Heal Your DNA
Prepare For Change / Guest Author



Update to Guest article by William for entertainment purposes only. Please use discernment and care. Originally posted on 07/21/21.

10 ways to detox from vaccines, deactivate nanotechnology and heal your DNA

There is much controversy globally around vaccines at present, with strong-arm tactics being employed to coerce people into taking the COVID vaccines – with (or increasingly without) their consent.

Governments, pharmaceutical companies, mainstream and social media laud the supposed health benefits, and suppress anything to the contrarian truth of vaccines. In reality it is the same people who are orchestrating both the mainstream media and pharmaceutical industry, and attempts to call them out are ruthlessly suppressed.

The purpose of this article is not to go into the possible motivations for the push to globally vaccinate mankind, but rather to provide some background on how damaging vaccines are from a spiritual perspective – and more importantly, what to do about this and negate and even reverse their negative effects.

Rudolf Steiner's prophetic foresight

There is a parallel – and more evil – story behind the use of vaccines and the cocktail of harmful ingredients they contain. Let's begin this with an insightful quote ahead of its time, from a man ahead of his time – Rudolf Steiner (1861-1925):

"In the future, we will eliminate the soul with medicine. Under the pretext of a 'healthy point of view', there will be a vaccine by which the human body will be treated as soon as possible directly at birth, so that the human being cannot develop the thought of the existence of soul and Spirit.

To materialistic doctors, will be entrusted the task of removing the soul of humanity. As today, people are vaccinated against this disease or that disease, so in the future, children will be vaccinated with a substance that can be produced precisely in such a way that people, thanks to this vaccine, will be immune to being subjected to the "madness" of spiritual life. He would be extremely smart, but he would not develop a conscience, and that is the true goal of some materialistic circles.

With such a vaccine, you can easily make the etheric body loose in the physical body. Once the etheric body is detached, the relationship between the universe and the etheric body would become extremely unstable, and man would become an automaton, for the physical body of man must be polished on this Earth by spiritual will. So, the vaccine becomes a kind of arymanique force; man can no longer get rid of a given materialistic feeling. He becomes materialistic of constitution and can no longer rise to the spiritual."

Let's compare Rudolf Steiner's vision with that of a French energetic healer who shared her experience in treating a recipient of the COVID vaccines:

"I held a session with a person who had received the first and second dose of the vac. I had already treated this person energetically, but I did not know that she had taken the vac. When I started the treatment, I immediately noticed the change, very heavy energy coming from their subtle bodies. The scariest thing was when I worked on the heart chakra, I connected with her soul, so she was detached from the physical body, she had no contact and it was as if she was floating in a state of total confusion. Damage of the consciousness that loses contact with the physical part, so with our biological machine, there is no more communication between them.

During the treatment, this soul told me that it no longer felt the body and had the impression of floating in a deep malaise. The energy I was working with, the energy of their energy field, was very heavy and you could feel these substances that are very stressful for the subtle bodies.

I continued the treatment by sending light to the heart chakra, the soul of the person, but it seemed that the soul could not receive any more light, frequency or energy. It was a very powerful experience for me.

Then I understood that this substance is in fact used to detach the consciousness, so that this consciousness can no longer interact through this body that it has in life, where there is no more contact, no more frequency, no more light, no more energetic balance or spirit. Then I started to cry for that soul because it was something that touched me deeply, a very powerful experience. I didn't say anything to the person because I didn't know how to say it and if they would have understood.

I realized that it is not only polluting the subtle bodies or the physical body, but it is something to do with our soul. The purpose is to damage and try to destroy the contact with consciousness. What Steiner said is exactly that. It is not just about damaging the immune system."

Update: second treatment of the person:

There has been another change and again a deterioration, both in the severity and in the energy that their energy field transmits, but most importantly there has been a very significant decrease in frequency. At the moment he is not showing any physical symptoms on the physical body. As for the situation manifesting on the energetic level and especially the soul, it has been confirmed that the soul has been expelled from the physical body, it is still bound by the so-called cord, but it confirms that it no longer interacts with the physical, emotional and mental body, there is no longer any kind of communication. The soul is no longer able to manage these three bodies, to continue its process of incarnation and evolution, precisely because this contact has been broken."

The spiritual euthanasia of mankind

The global vaccination program is one of the most advanced spiritual warfare programs against humanity. From a more scientific perspective, governments and those pulling the strings behind the scenes are using vaccines to target individuals and populations who express the God gene (also known as vesicular monoamine transporter 2 (VMAT2)) – and there is a malevolent scientific intent behind this goal. This gene, as detailed by geneticist Dean Hamer in his book *The God Gene: How Faith is Hardwired into our Genes*, predisposes humans towards spiritual or mystic experiences. An eloquent spiritual explanation of this can be found in this short podcast, which details how mRNA vaccines in particular are designed to subvert the divine genetic code within mankind.

While the government argues it is interested in neutralizing terrorists who act on their religious fanaticism, one of the more important goals of those behind the global vaccination program is to stop the spiritual evolution of mankind through stunting the expression of the God gene. This video featuring Bill Gates is a good example of this agenda in practice.

Another way vaccines and PCR tests are being used to suppress the spiritual potential of mankind is through targeting the pineal and pituitary glands. In addition to production and regulation of critical hormones within the body, these glands (particularly the pineal gland) serve an important role in the unfoldment and expression of spiritual senses. It has been found that DARPA hydrogel and lithium (highly toxic to the pineal gland) as well as

graphene oxide contained in PCR test swabs (and also in covid-19 vaccines and others) remain on the nasal mucosa below the pituitary and pineal glands, and this mixture immediately reacts with living structures to form crystals that target the pineal gland, which has been found to have its own electromagnetic field. Aluminum and mercury – widely found in all vaccines – are also highly toxic to the pineal gland, and all of this has a directly destructive impact on mankind's ability to realize their spiritual potential.

There are numerous stories from around the world, particularly in cultures that have strong spiritual roots, where vaccines essentially cause "spiritual euthanasia". Children, for example, lose their second sight and are no longer able to see other dimensions and spiritual phenomena. A classic example of this can be found in this interview between David Icke and one of Africa's last shamans and traditional healers, Credo Mutwa, in which he explains (skip to 3.20.30) how white men came to his village and forcibly vaccinated everyone. Everyone (especially the children) lost their spiritual sight and ability to perceive spiritual entities and other interdimensional phenomena, but his family helped him avoid the vaccines and he, fortunately, retained his spiritual senses.

Here are 10 ways to detox from vaccines (including the COVID vaccines) and deactivate vaccine nanotechnology. This is a very holistic and spiritual approach to counteracting the negative effects of vaccines (especially COVID vaccines), and the importance of step 10 should not be discounted.

1. Use boron/borax

A recent study found nanoparticles in at least 43 market-leading vaccines, so the problem of nanites is not just restricted to COVID vaccines. Scientists from around the world are actively advancing this agenda.

Boron is an indispensable supplement for detoxing heavy metals and one of the few known nanobot replication inhibitors. Boron is a mineral that is essential for all life in plants as well as animals, but unfortunately it has been intentionally depleted in our foods through the use of chemical fertilizers which inhibit the uptake of boron from the soil. This creates health problems due to boron deficiency which is now very common, but very few of us know about it.

Borax (sodium tetraborate hexahydrate or sodium borate) is a naturally occurring mineral composed of sodium, boron, oxygen and water, and has been used as a remedy for over 4000 years as a remedy for a variety of ailments.

One of the options on the market is liquid ionic boron and there are also many good boron supplements available. Natural borax such as 20 Mule Team is also very effective (and cheap). Borax is meant to be taken in small amounts (the FDA maximum dosage is 1/8 teaspoon per 100 pounds of body weight) so take a small pinch of this in the water every morning, with maybe 3-6 glasses per day for an internal nano detox. This will also help raise your pH which is important for overall health.

For an external nano detox bath, add one cup of baking soda, one cup of Epsom salts, one cup of pure borax, and one cup of Himalayan sea salt or Redman's salt (never use table salt), and soak in hot water as long as you can. If you want to take this to the next level, there are also nano baths that use the power of electricity (in a safe way) to assist with the extraction of nanotechnology within the body. For a more intensive experience combining this step with the above, try Tony Pantallesco's [electric nano bucket](#).

Boron and borax are also very useful in combatting the nanotechnology parasites in [Morgellons](#) (for more information listen to this [Dana Ashlee video](#) and skip to 23.30, or view [this interview with Dr Carrie Madej](#) on the Carnicom Institute website). Nano Morgellons fibers are also [widely found in disposable facemasks](#) as well as the [COVID swabs](#) (which, in reality, are self-replicating AI conductive graphene nanofibers, which are critical for the dual purpose of a [surreptitious DNA harvesting and collection program](#)) and there are many potential solutions to Morgellons [here](#) and [here](#).

1. Use zeolite

Zeolite is [a natural volcanic mineral](#) that has the unique ability to attract, absorb and neutralise [heavy metals such as lead, mercury, arsenic, aluminum \(thimerosal\), cadmium and other pollutants](#) (including radioactive material) – all of which cause a range of detrimental side effects. Zeolite is a biological chelator that binds harmful substances while in the gastrointestinal tract to draw them out of the body via the bowel

Zeolite (also known as clinoptilolite) holds a negative electromagnetic charge which attracts toxins throughout the whole body, so it never removes beneficial minerals. It is more effective than activated charcoal and can be taken internally and externally.

Make sure the zeolite is purified and micronized food-grade, like this zeolite [in the US](#) or this one [in Australia](#) – though there are many good suppliers around the world. Simply mix with good spring water, rainwater or reverse osmosis filtered water. Start off slowly (maybe a quarter to a half teaspoon) and see how your body responds. [Dr Sherri Tenpenny](#), a leading expert on the harm caused by vaccines, recommends [hydrated zeolite](#). There are also many good nano-sized cellular zeolite products on the market.

If you have not detoxed before it is likely you might feel light-headed as the zeolite works to remove heavy metals and other nanoparticles. The normal protocol is to detox more heavily for a short initial period and then keep up small maintenance doses.

1. Use Miracle Mineral Supplement (MMS)

MMS is a water purification antimicrobial compound that was discovered by a [man named Jim Humble](#) in 1996. He found MMS was very effective in [eradicating malaria](#), and Humble went on to develop a formula using this substance mixed with a food-grade acid. This substance, also known as chlorine dioxide solution (CDS or ClO₂) works by oxidizing pathogens and takes broad-spectrum action against bacteria, viruses, and protozoans. The recipe has been refined over the years and there are a [number of](#)

products on the market now, so it is worth researching the safest and most effective formulae. MMS also works very well in conjunction with Dimethyl Sulfoxide (DMSO) as a detoxifying agent.

Vaccines (especially the covid-19 vaccine) contain a cocktail of viruses and other pathogens, and MMS can work wonders in killing off these foreign bodies. Analyses of COVID vaccines, for example, have found what looks like toxoplasma gondii in them. This interesting analysis looks at how this parasite can potentially change behavior in people (read mind control) who have been vaccinated.

The good news is that MMS is the perfect antidote for this kind of parasitical organism. MMS also works very well against SARS-CoV-2 and there are many testimonies from doctors with regards to its efficacy in treating and curing patients and reducing the harmful side effects of immunizations.

MMS has been around a long time but has been heavily suppressed as it is a cheap and effective cure (not band-aid) for many ailments. The media and others usually claim chlorine dioxide is dangerous because it is bleach, which is factually incorrect (bleach is sodium hypochlorite). By coincidence, the FDA ordered US Marshals to illegally raid a church in Florida that manufactures and sells large MMS – an agent which effectively kills both SARS-CoV-2 and the pathogens in the COVID vaccines – early on in the “pandemic”.

1. Use suramin and shikimic acid

Suramin is an isolated compound originally derived from an extract of pine needle oil. It was found to be highly effective in killing parasites and viruses of several kinds, and also has a beneficial impact on a large number of other conditions. It was subsequently produced as a drug and used by WHO to treat African sleeping sickness and river blindness.

This video featuring Dr. Judy Mikovits (of Plandemic fame) explains in this video how suramin is an antidote to the pathogenic ingredients in mRNA vaccines (maybe one of the real reasons why the FDA has also made it illegal to use suramin for therapeutic purposes (such as treating vaccine-induced autism) in the United States). For more information on this, she explains to Dr Joseph Mercola how the COVID “pandemic” has been engineered and discusses potential solutions. Suramin is still produced as the drug germanin, and some of the most potent natural sources of suramin include pinon pine hydrosol as well as Siberian cedar nut oil enriched with resin.

Mike Adams explains how to produce pine needle tea (which contains suramin) in this helpful video and also details how pine needle tea contains other important ingredients such as shikimic acid which can also boost the immune system (which will produce natural antibodies) and act against SARS-CoV-2. Some kinds of pine needles are toxic so do your homework before taking any.

Other foods high in shikimic acid include fennel, star anise tea, wheatgrass and wheatgrass juice, while superfoods include schizandra berry, St John's wort, comfrey leaf, feverfew, ginkgo biloba leaf, giant hyssop or horsemint – many of which are good antioxidants.

1. Use Niatonin (flush niacin with melatonin)

The niatonin protocol is fast gaining popularity as a method for detoxing, particularly from COVID vaccines. Developed by Dmitry Kats, who is an epidemiologist and PhD, a combination of flush niacin (nicotinic acid preferably in powder form) with melatonin (no extended release preferably in powder form) has been found to be effective at detoxing heavy metals and other harmful ingredients contained in vaccines.

There are many other benefits to using this protocol, including reducing inflammation, cholesterol, aches and pains, increasing blood oxygen levels and energy, and rejuvenation of lung tissue and vessels.

His protocol specifically for detoxing from vaccines is flush niacin (up to 750-2000 mg for an adult, 2-3 times per day) combined with up to 15-40mg of melatonin for an adult (2-3 times per day). There are different dosages for different age groups, as well as different protocols for different conditions such as “long” COVID recovery.

1. Use electricity.

One of the most effective weapons against the harmful inorganic nanoparticles contained within vaccines is direct application of mild electric currents to the body. Research has found the right kind and amount of electricity can facilitate remarkable healings.

Only after a good month or two of detoxing with the above protocols should you consider using electricity, otherwise this could create a cascade of detox sickness that may even lead to toxic epidermal necrolysis. This is a rare, potentially life-threatening skin reaction which is a severe form of “Stevens-Johnson syndrome”.

One of the best devices for this is the Tesla violet ray which was invented by the famous scientist Nikola Tesla. Most of his creations and patents were suppressed or confiscated by the government following his death and the manufacture of violet rays was prohibited in the US following the Rockefeller-led crackdown on natural medicines and healthcare. Fortunately, the violet ray is one of the few Tesla inventions that managed to survive the crackdown and is publicly available worldwide.

The violet ray works by passing a mild, healing electrical charge to the site of application as well as through the whole body. This makes it particularly effective against nanotechnology, because it essentially makes the nanobots inert, so they are then able to be flushed out more easily with the likes of boron, zeolite, NAC and MMS.

Drink good spring water, rainwater or reverse osmosis filtered water before and after to assist with conductivity and remove all jewelry and other metal from the body, so the electricity will be attracted to inorganic elements (such as nanites) in the body. Apply to the body (especially site of vaccines, and other good areas include C7 vertebrae, forehead, around and behind the ears, vagus artery/nerve, EFT tapping points and along the spine). Anywhere you intuitively feel right on the body is fine. Apply for 10-15 minutes per session, three times a day. Doing so will also have more general and significant health benefits for your body.

There are many other electrotherapy devices that will work well, including the Hulda Clark and Don & Carol Croft zappers as well as the Nano Killer. Jared Rand suggests the nexus orgone zapper, which works on a frequency of 432 Hz (a frequency that seems to counteract nanotechnology parasites such as Morgellons – good to know if you have a Rife machine or therapeutic frequency generator of some kind). Apply two zappers – one to the inside of each wrist – three times a day for 15 minutes at a time for three weeks. As with the violet ray, drink good spring, rain or reverse osmosis filtered water before and after to assist with hydration and conductivity.

There are also electromagnetic technologies (such as the Ampcoil and Telsa Biohealing devices) on the market. The benefits of such devices are many and extend well beyond their ability to negate the effects of harmful nanotechnology and other parasites.

However, direct application of electricity to the body is generally more effective in neutralizing nanites. Even crude forms of electrotherapy are effective. For example, there are stories of farmers who accidentally touched electric fences and the strong electric pulse healed them of viruses with similar symptoms to Lyme disease. Much like the electromagnetic pulse (EMP) that knocks out the AI-controlled sentinel robots in the Matrix movie (truth is sometimes stranger than fiction) the right kind of electrotherapy and electromagnetic energy work wonders on magnetic nanotechnology, magnogenetics and other inorganic and organic parasites within the body.

1. Eat the right food

Food plays a very significant role in the process of detoxifying from vaccines and the harmful ingredients contained therein. There are many foods that can assist with this, but generally, it is preferable to follow a whole-food, plant-based diet – which can also assist with weight loss. The macrobiotic diet is one of the best detox diets in the world, and those who rigorously follow the way of macrobiotics tend to live very healthy, long lives.

When it comes to a holistic vaccine detox, one of the best recipes is from Medical Medium with the heavy metal detox smoothie, which consists of bananas, wild blueberries, cilantro (coriander), orange juice, barley grass juice powder, spirulina and Atlantic dulse.

There are many other good foods (that also have probiotics) that will assist with detoxification, including:

- Raw organic apple cider vinegar
- White radish (daikon)
- Raw garlic
- Ginger
- Water kefir
- Coriander (cilantro)
- Shitake mushrooms
- Neem (a natural alternative to ivermectin) in combination with turmeric.

While a natural detox is good for boosting well-being, and it is also important to eliminate harmful habits from your diet and lifestyle, including heavily processed and refined foods (which usually contain artificial preservatives), smoking (including marijuana), alcohol, drugs (all of which are important if you are also breastfeeding), artificial sweeteners and mainstream media. There is plenty of information online if you are interested to know about how diet can assist with a vaccine detox, assist the immune system and boost any immune response in the process.

If you are inclined, it is also important to bless your food and ask for it to be purified and made whole for the healing and cleansing of those partaking of it. If you want to take this to the next level, use the technique recommended by Siberian mystic Anastasia for planting and growing food that is uniquely medicinal for your biological needs. This process harnesses the healing power of food in a natural way and emphasizes harmony between man and nature.

1. Take the right supplements

Supplements are also important in the vaccine detoxification process. Similar to diet, there are many options here, including:

- NAC (N-Acetyl Cysteine) (an important remedy for graphene oxide)
- Organic bee pollen (see more below on bee pollen and healing your DNA)
- Iodine (such as atomic iodine or Detoxadine)
- Shilajit
- Supercharged C60 (nano-carbon activated charcoal)
- Zinc
- Vitamin D3
- Vitamin C
- Selenium
- Pyrroloquinoline quinone (PQQ)
- Organic fulvic/humic minerals
- Potassium
- Krill Oil
- Quercetin
- Milk Thistle
- Chlorella
- Spirulina

- Oil of Oregano
- Evening Primrose Oil

Dr Sherri Tenpenny recommends high doses of powdered vitamin C ascorbates (not ascorbic acid), 200-400mg co enzyme Q10 every day (gel caps and not powder) as well as getting Vitamin D and iodine. Colloidal silver can also help with the vaccine detox process and boosting the immune system. One of the more advanced options being Silver Joe Cell water, which you can make yourself with the right technology.

Supplements also play an important role in reducing transmission and damage from spike proteins, and many of the supplements listed above can assist in this process.

1. Use Paida Lajin

Paida Lajin is an ancient Chinese self-healing technique which utilises stretching, patting, and slapping of specific external skin areas to draw out and expel toxins in the body. The technique originated from ancient Taoist practitioners, who used it to activate vital energy channels (also called the meridian system).

Paida Lajin works by stimulating the body's meridian system to increase the circulation of natural energy flows (also called ki, chi, prana and many other names throughout the world), which also increases health and vitality and improves the body's natural ability to heal itself.

Hippocrates, Father of Western medicine (before it was corrupted by the pharmaceutical industry and those who paved the way for allopathic medicine) repeatedly stressed that the body contains within itself the power to rebalance and heal itself. There is an inherent ability in the human body to repair and heal itself through self-healing power, and the immune and self-reparatory functions are part of this self-healing power. The body possesses the ability to naturally detoxify, and the technique of Paida Lajin helps activate and accelerate this ability and improve overall wellness. Paida Lajin goes way beyond other methods such as chiropractic and modalities taught by modern health care providers.

Upon commencing the practice of Paida Lajin, it is common to experience significant detoxification symptoms including red spots, rashes, blisters, dizziness, belching, headaches, nausea, thick phlegm, running nose, flatulence and smelly excrement and urine. Skin discolouration is also very common, and this is essentially the discharge of "sha", a word unique to the Chinese language which means "poisonous blood" in the body.

As an aside, the practitioner who helped bring Paida Lajin to the world was recently jailed in a sham trial – which commonly happens with those who brings genuine cures to the world (think Royal Raymond Rife for example).

1. Pray

This is potentially the most important step when it comes to detoxing from vaccines, particularly when it comes to mRNA gene modification “vaccines”. Supernatural means are usually required to undo this damage, heal your DNA and also assist in the process of spiritual evolution and growth.

This power has been demonstrated by many through the ages. In the Bible, for example, Mark 16:18 states “They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover.”

A Greek hieromonk discusses this power in action (skip to about 12.00) and recounts the story of a prisoner in a Russian concentration camp. Many of these prisoners were Christians and they were forcibly given psychotropic drugs and other harmful substances. One pious lady was given drugs all day, but they had no effect on her. She was constantly praying “Lord Jesus Christ have mercy on me.” Her captors were confused by this and took the drugs and poisons – and died.

There are specific prayers that should be given and offered to invoke the power of God (or whatever you choose to call our benevolent, universal Creator). The power of Christ is universal, and it does not matter if you are Buddhist, Hindu, Muslim, Jewish, or even an atheist or satanist. If you pray this prayer with a genuine and penitent heart, God will respond.

“In the name of Jesus Christ: I acknowledge and accept that I am fearfully and wonderfully made in the image and likeness of God. I do not consent to any attempts or actions that would seek to harm or damage my bodily temple and violate my DNA through vaccines or any other means. I pray to our Father Lord God Almighty to intercede and protect mankind from the violation of our bodies with unholy and unclean substances. As your children, we do not consent to this violation of our body temples which house the Christ within our hearts. I ask you God to speed up the day of judgement upon the fallen ones currently working behind the scenes to bring about the fall of mankind and the destruction of the children of the light and planet Earth. We ask in the name of Jesus Christ for our prayer to be heard in the courts of Heaven and for action to be taken. By my own free will I choose to disengage from any complicity or involvement with the fallen one’s plans and I choose to follow God’s plan for my life. According to God’s holy will, Amen.”

If you’re able, please pray this prayer out loud and preferably with at least one other person (thereby fulfilling Jesus’ promise that “if two of you agree on earth about anything they ask, it will be done for them by my Father in heaven. For where two or three are gathered in my name, there am I among them.”)

The power of the love is one of the most powerful antidotes to vaccines and the nanotechnology within, as well as the damage they can do to DNA. Step one above discusses the power of electromagnetics in rendering nanites inert, and the heart is the most powerful source of electromagnetic energy in the human body. It produces the largest rhythmic electromagnetic field of any of the body’s organs, with an electrical field

about 60 times greater in amplitude than the electrical activity generated by the brain. Simply put, your body has a natural, God-given ability through the power of the heart to suppress inorganic nanotechnology which is harmful to the body.

There are many ways to stimulate this power and generate more love, and the primary and most effective way to do this is through God. On a spiritual level, there are more advanced techniques available to those who are ready, such as the violet flame (a unique spiritual energy which can transmute negativity in all its forms), sun gazing (an ancient spiritual practice which engages the light and power of the sun), EFT and Psych-K (modern energy psychology techniques which release blockages and facilitate growth), kriya yoga (an ancient meditation technique of energy and breath control) and HeartMath (a spiritual practice which helps you tap into the power and intelligence of your) – just to name a few.

Healing your DNA

Spiritual practices such as these will also draw more light into the body, which will naturally heal damaged DNA and also activate dormant DNA as the vibration of the body is raised. This approach is the best and most natural one for healing DNA.

Specific frequencies can also assist in healing and activating DNA. The 528 hertz Solfeggio frequency, for example, is also known as the “528 Miracle” because it can heal and repair DNA within the body. It is the exact frequency that has been used by genetic biochemists and this frequency is understood to be the most significant of the Solfeggio frequencies.

There are also many foods and supplements you can take to help protect and heal your DNA. One of the most effective supplements in this process is organic bee pollen – which is essentially a concentrate of nature’s building blocks of life. Bee pollen contains nearly all nutrients required by humans, and one of the most interesting facts about bee pollen is that it cannot be synthesized in a laboratory. According to researchers at the Institute of Apiculture, Taranov, Russia: “Honeybee pollen is the richest source of vitamins found in nature in a single food. Even if bee pollen had none of its other vital ingredients, its content of rutin alone would justify taking at least a teaspoon daily, if for no other reason than strengthening the capillaries. Pollen is extremely rich in rutin and may have the highest content of any source, plus it provides a high content of the nucleics RNA [ribonucleic acid] and DNA [deoxyribonucleic acid].” Be sure the source of the bee pollen is from a pristine and pure location, preferably located away from pollutants and potential GMO crops.

There are a number of foods and other supplements that can assist with the process of healing and protecting your DNA, including retinol palmitate, ascorbic acid, luteolin, quercetin, NAC and niacinamide.

Closing tip: If you’re going to be (or if you’ve just been) vaccinated

Vaccines are injected directly into the body and there are steps you can take to minimise their immediate impact and minimize a potential vaccine reaction. You can use apply the above steps beforehand to prepare your body for coerced or forced vaccines beforehand. It is also important to follow these instructions as soon as you can following the injection.

Apply a thick paste of zeolite (purified, micronised food grade zeolite mixed with spring water) over the area immediately. Wash off and repeat daily for 2-3 weeks (for more information on zeolite, see point number two above).

On top of this zeolite paste, place a strong magnet (preferably a neodymium magnet or Q magnets are also good). The magnetic field will work to attract inorganic ingredients such as superparamagnetic iron oxide nanoparticles (SPIONs) from being absorbed into the body. Magnetic fields can also disrupt the ability of nanites to function properly.

Another important step is electrotherapy (see point one above). Apply a Tesla violet ray to the vaccinated site as soon as you can too (preferably after applying the magnet to draw nanites closer to the skin).

While this protocol will help significantly with existing vaccines that you may have received in the past, the best thing you can do is do not consent to any future vaccines. Consent is golden – or binding – depending on your free will choice.

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